

# Carroll County Health & Safety Fair

***Saturday, March 20, 2010***

***8 a.m.-2 p.m.***

***Kentucky National Guard Armory,  
Hwy. 227 Carrollton***

**FREE ADMISSION!**

**FUN FOR THE  
WHOLE FAMILY!**

*Sponsored By:*

- MAPP — Mobilizing for Action Through Planning and Partnerships
- CCCDC Health and Safety Partnership
- Carroll County Community Development Corporation
- Carroll County Memorial Hospital
- Three Rivers District Health Department
- Green Valley Health and Rehabilitation



• **FREE HEALTH SCREENINGS — Blood Pressure, Height/Weight, Body Mass Index, Bone Density/Osteoporosis, Foot, Spine, Diabetes, Sleep Disorders**

• **\$20 Blood Test for Heart/Cholesterol Health, Liver, Kidney, Thyroid Function, Diabetes**

*Not eating or drinking 8 hours prior to testing improves accuracy*

• **\$105 EKG & Stroke/Vascular Screening with physician interpretation**

*Please call 732 3249 for an appointment — Cash or checks only*

• **American Red Cross bus on site until Noon**

Nutrition/Healthy Eating • Games and Prizes • Easy Exercise Options • Cancer Screening • Babysitter Training • Children's Health & Wellness • Wii Fitness • Chair Massage • Fitness Facts • On-site Ambulance • Kids' Car Seat Installation • AND MUCH MORE!!

Contact Heather Atkinson at CCMH, [hatkinson@ccmhosp.com](mailto:hatkinson@ccmhosp.com) or (502) 732-3230  
Kathy Rarey at [kprarey@yahoo.com](mailto:kprarey@yahoo.com) or 502-525-7256